



Hard-a-Lee

Newsletter of the Wichita Falls Sailing Club, <http://wfsail.org>

Sep 2014

2014 WFSC Board of Directors

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Lake Levels: Stage 5 Drought - COMBINED: 22.3%, Lake Arrowhead: 20.2% Lake Kickapoo: 28.1%

NEXT BOARD MEETING will be Oct 2, 7pm at the Club house, everyone is welcome.

NEWSLETTER articles/pictures/events ect wanted. If you have something to submit to the newsletter please email me at L_Hulse@yahoo.com and we will get it in the next available issue.

Commodore's Corner

The Sunfish Fleet Sailing is still alive and well, thanks to all the Sunfish Skippers. Reminder races are the 2nd and 4th Saturday of the month to include a Raffle with many different items. Last race of the season we will be raffling a Sunfish Cover, tickets are \$10.00 and you do not have to be present to win.

I look forward to seeing everyone out sailing and enjoying the lake for the remainder of the summer season. See you at the lake!

Commodore Bill

VICE COMMODORE

There are only six months until the next Everglades Challenge, which will launch from Fort De Soto Park in Tampa Bay on March 7, 2015 (<http://www.watertribe.com/Events/EvergladesChallenge/Default.aspx>).

That's still enough time to get fired up and ready an entry, but barely. That's just about enough time to work through the extensive required-equipment list (you have to find and buy all the stuff, and you have to be able to

make it work, even in the dark or driving rain). There's also the matter of the physical conditioning required for a multi-day 300-mile race. And boat selection and prep. These things take time!

This spring (EC 2014), it took Kim and I six and a half days to finish the course, and several months to recover from it. We're hoping to better our time in next year's race by at least a day, while also incorporating the difficult Wilderness Waterway (<http://www.nationalgeographic.com/adventure/0201/everglades.html>) into our route. We're planning to hit the course one more time in Big Red, our Hobie Tandem Island.

What kind of boat could do the EC?

Lots of folks do it in kayaks and sea-going canoes. But paddling the whole course isn't an option for us. I think most yacht club types are going to want to do it in something that will sail.

The Hobie Tandem Island (two seater) & Adventure Island (single seater) are probably the best out-of-the-box boats for the EC. You can paddle when you have to, but they also have significant sail area & are equipped with Mirage Drives, which are peddle operated (legs are, or can be made to be, strong!).

Last year there was a Flying Scot in the race, and it was fast. It was highly modified (<https://www.youtube.com/watch?v=gysVX948iKY>). But a standard Scot might be able to do the course, with a couple of modifications. You'd have to provide facility to row (strong oarlocks) and you'd have to somehow seal the top of the centerboard trunk to make self-rescue more feasible. Also make provisions for reefing that big mainsail.

Sea Pearl 21s show up at each EC event. There was a green Sea Pearl at the yacht club until recently. Where are you and your SP, Rob?

Sunfish have been tried in the event, but never successfully. You have to carry a lot of stuff, & your butt would be really, really sore, I think. There was a college-age guy who finished most of the course last year on a standard Laser. He finally had to drop out when the dagger board busted through the hull after one of many groundings. You are going to run aground in South Florida. He was reported to be extremely sore when he quit, too.

At our club, there is a Sweet 16 and a Sunbird 16. These are possible, in my view. They would have to be equipped for rowing and easy/quick sail reduction. Probably have to have stronger rudders, too.

Hobie 16s and 18s, as well as Bink's big Prindle, could probably do the course. They would have to be modified to increase carrying capacity and comfort.

If you wanted to build something so you can sail a future EC in Your Own Boat, there are quite a few possibilities.

Core Sound 17. There are enough of these already that they probably will have their own fleet designation soon (<http://www.bandbyachtdesigns.com/cs17.htm>).

Welsford AWOL. This one has caught my eye. It looks like a more difficult build, though (<http://jwboatdesigns.co.nz/plans/awol/>).

Va'a Motu. Here's another one I'd like to try. Maybe I'll build one some day. (http://homepages.paradise.net.nz/garyd/vaa_motu.html)

Okay, I've rattled on about this enough for now. Anybody catching the bug knows who they are. Whether they'll follow through eventually or not will be up to them. The on-line sailing media frequently refers to us ECers as "nutters" and such. Maybe they're right.

Here's an interesting read by a guy crewing in the EC on a modified Lightning:

<http://sailinganarchy.com/2014/03/11/the-glades/>

Sail on! ~ Lee Havins



Lee & Kim Havins are congratulated on their Everglades Challenge finish by Watertribe Chief Steve Isaac. The 2014 EC Awards Ceremony in Key Largo occurred just a few hours after they hit shore - after 6 1/2 days on the course - and they were, by this point, beyond "goofy tired"



The highly modified Flying Scot "Frankenscot" flies a chute toward Check Point 1 (Cape Haze Marina) during the 2014 Everglades Challenge. Steering is Jeff Linton, U.S. and/or world champion in Lightnings, Flying Scots, Classic Moth and a one-time Rolex Yachtsman of the year, blah, blah, blah. The other guy on board is the sailing coach at the U.S. Naval Academy.

REAR COMMODORE

End of Summer Bash –

Date: 4 Oct 2014 / 6 pm

Location: WFSC Clubhouse (if you haven't already seen the updates you are in for a great surprise!)

Menu: Catered by Texas Best BBQ

Price: \$10.00 per person

RSVP: 29 Sep 14, (but the sooner the better so we can start the head count) contact Dave Johnson at david@mesabizmachines.com

- Dave Johnson, Rear Commodore

Harbor Master & Fleet Chairman “Ramblings”

Dinghy Sailors,

The setting is a long way from what we would all like but we are learning to make do. As you know, living in this area we have to adapt & we're trying with some success. There are 7 or 8 dinghy sailors that are making this challenged season work.

We've had 4 competitive races & a couple that were canceled; lack of wind and one with too much (20+). We have the water and have adapted to a tolerable way to launch. The Sunfish fleet has responded pretty well but we need more of you along with other dinghy sailors. We would start and finish everyone together and score the Sunfish accordingly. Not perfect but fun.

Next race - The Sunfish series race scheduled for Sept. 27, Sat., has been postponed to a yet to be designated date. Several sunfish racers will be out of town this weekend so fleet decided to reschedule to Oct.

- Steve Priester, Harbor Master & Fleet Chairman

BOATS FOR SALE

FOR SALE: 17' Northeast dory. Successful adventure race veteran. Race ready. Built, raced and now offered by retired Philadelphia fireman. \$3500. <http://watertribe.org/forums/topic/17-clc-northeast-dory-for-sale>

Recipe of the Month – by Winky

WING AND WING CHICKEN WINGS – “wing and wing” A method of running before the wind with two sails set. Usually the Mainsail on one side & the Fore or headsail on the other, or one headsail on each side.

¾ Cup Soy Sauce
¼ Cup Spicy Brown Mustard
¼ Cup Brown Sugar
2 TSP Garlic Powder
½ TSP Ground Ginger
2 ½ or 3 lbs of Chicken Wings

Mix the first five ingredients in a large sealable refrigerator bag or bowl; add chicken wings. Marinate overnight in fridge. Line a baking sheet with raised sides with non-stick aluminum foil. Place chicken wings on sheet, brush with marinade and bake at 350 degrees for about an hour turning every 15 minutes and brushing with the reserved marinade at each turn. Remove wings from oven and turn on broiler. While the oven heats, sprinkle wings liberally with more garlic powder. Put baking sheet with wings under broiler until wings become crispy. About 10 minutes, but watch to make sure they don't burn! Serve with your favorite Asian sauce if desired.